

# experiences menu



# Amisool

## kayaking or SUP experience



We'll motor about 20 minutes by boat to a group of beautiful coral reef fringed lagoons. Conditions on the day will dictate the best spot to start our 90 minute voyage into this pristine landscape. Admire the wild craggy rock formations while looking out for wild orchids and birds. And of course, the reef below is not to be ignored.

After all that exercise we'll replenish with a well-deserved picnic on nearby beach. If you have a drone, this is a great opportunity to film Raja Ampat's spectacular landscape from the sky.

<b>minimum # of people</b>	2
<b>duration</b>	3-4 hours
<b>fitness level</b>	medium
<b>adventure threshold</b>	medium
<b>what to bring</b>	sun protection, swimwear, camera or drone (if you have one)

# Comisool

## indonesian cooking class



Experience the exotic flavours of the spice islands with the experts. Our chefs will introduce you to fresh local ingredients like lemongrass, kaffir lime leaf, turmeric, ginger, palm sugar, and coconut milk while preparing classics such as Sumatran Rendang Curry, Balinese Lemongrass Chilli Sauce, and Pandan Crepes with Grated Coconut and Palm Sugar.

You'll be invited to prepare the dishes yourself using traditional Indonesian stone mortar and pestle. Vegetarians welcome.

<b>minimum # of people</b>	2
<b>duration</b>	2 hours
<b>fitness level</b>	low
<b>adventure threshold</b>	medium
<b>what to bring</b>	a glass of wine if you like!

# omisool

## romantic beach castaway experience



If you and your sweetie have ever dreamed of being castaways with only the sea, sky, sand, and each other, now is your chance. We'll take you to our secret beach where you can enjoy the tranquility of deep nature in complete solitude. We recommend a lazy afternoon with fresh tropical fruits and sparkling wine. Breakfast is also nice, best enjoyed after a leisurely snorkel.

Bonus: consider adding an element of adventure to the experience by paddling to or from the North Lagoon. We'll provide you with a map to help you find your hidden beach.

<b>minimum # of people</b>	2
<b>duration</b>	up to you
<b>fitness level</b>	low - high
<b>adventure threshold</b>	low - high
<b>what to bring</b>	sun protection, swimwear, mask & snorkel

# misool

## sunset beach experience



What better end to a beautiful day than basking in the rays of the setting sun on the powdery white beach on the western-most end of Kalig Island?

We'll have cold drinks ready for you when you arrive. You can either lay back on a beanbag and enjoy the glow or, if you're feeling energised, take an evening dip, explore the beach and walk up to the viewpoint for a look at the surrounding islands.

For extra adventure, leave earlier to enjoy a leisurely paddle to the beach, taking in the scenery and keeping your eyes peeled for hornbills and cockatoos.

<b>minimum # of people</b>	4
<b>duration</b>	2 hours (3-4 if including SUP)
<b>fitness level</b>	low - medium
<b>adventure threshold</b>	low - high
<b>what to bring</b>	swim wear, sun protection, camera or drone (if you have one)

# Omisoal

## mangrove experience

Mangroves are a unique ecosystem at the intersection of land and sea, providing an important habitat for juvenile fish and storing up to four times as much carbon as rainforests. We'll travel north-east by speedboat for about 20 minutes to a nearby island called Sapenipnu, where we'll bring the boat right into the shallow mangroves, keeping an eye out for turtles. During a snorkel amongst the mangrove roots you may happen upon juvenile black tip reef sharks and mangrove specific species like banded archer fish.

After a snorkel, we will take a meandering paddle by kayak and SUP. If we're lucky, we'll encounter a Brahminy kite, sea eagles, or beach stone-curlew flying in the mangrove trees.

<b>minimum # of people</b>	2
<b>duration</b>	2-3 hours
<b>fitness level</b>	medium
<b>adventure threshold</b>	medium
<b>what to bring</b>	sun protection, swimwear, mask & snorkel, binoculars, drone (if you have one)



# Misool

## lagoon experience

We'll explore a wild maze of karst islands and turquoise lagoons located about 20 minutes west of the resort island. This tour focuses on the topside beauty of the South East Misool area.

Highlights include exotic wild orchids, carnivorous pitcher plants, several species of exotic birds, and absolutely spectacular rock formations. We highly recommend stopping for a picnic on a deserted beach, followed by swim or snorkel in some of Misool's most spectacular turquoise lagoons.

If you're a capable drone pilot, this is a great spot to get a unique perspective of Raja Ampat's landscape.

<b>minimum # of people</b>	4
<b>duration</b>	3-4 hours
<b>fitness level</b>	low
<b>adventure threshold</b>	medium/high
<b>what to bring</b>	swim wear, sun protection, camera or drone (if you have one)

# Misool

## birding cruise



We'll slowly cruise around nearby islands by boat and the tour is best undertaken just before sunset. You'll have the opportunity to observe birds associated with Australian as well as Asian biogeographical affinities.

Commonly sighted birds include the Sulfur Crested Cockatoo, Blythe's Hornbill, Lesser Frigate Bird, Brahminy Kite, Sea Eagle, Olive-backed Sunbird, Pacific Reef Egrets, Beach Kingfisher and more. Be sure to bring our Bird List and a pencil to keep track!

And as all that birding is thirsty work, we'll be stocked up with cool drinks and snacks to keep you refreshed.

<b>minimum # of people</b>	2
<b>duration</b>	2 hours
<b>fitness level</b>	low
<b>adventure threshold</b>	medium
<b>what to bring</b>	binoculars, Misool Bird List, pencil



# misool

romantic dinner

Make time to celebrate each other with a private romantic dinner. Dinner may be served on your veranda, on the beach, or in the Look Out. For an extra unusual evening, after dining take a stroll down to the jetty to watching sharks and snappers as they patrol by blue light in the water below.

Consult with our team to create your bespoke experience, choose your favourite dishes from our menu and accompany them with your tipples of choice.

<b>minimum # of people</b>	2
<b>duration</b>	2 hours
<b>fitness level</b>	low
<b>adventure threshold</b>	low
<b>what to bring</b>	camera and love sonnets!

# Omisoal

## star gazer experience



It's a rare treat to experience the clear night sky with virtually no light pollution. On this Star Gazer Experience, we'll take the boat behind some nearby islands which block light from the resort. As your eyes adjust to this new view of the heavens, consider that the light from the stars left several thousand years ago. Be sure to keep an eye out for shooting stars. Various cultures have interpreted shooting stars as bad omens, good omens, manifestations of deities, traveling shamans, and even star poop.

The stars are not the only glittering objects here. There is usually plenty of bioluminescence in the water as well, especially in the wake of the boat.

Only available between new moon and 40% illumination when the sky is at its darkest.

<b>minimum # of people</b>	2
<b>duration</b>	30 minutes
<b>fitness level</b>	low
<b>adventure threshold</b>	low
<b>what to bring</b>	binoculars, torch

# @misool

## honeymoon package



This special package combines a couple's massage, Romantic Beach Castaway Experience, as well as a Romantic Dinner. And it's not just for honeymooners, either. Romance is appropriate anytime.

<b>minimum # of people</b>	2
<b>duration</b>	variable
<b>fitness level</b>	low - high
<b>adventure threshold</b>	low
<b>what to bring</b>	all you need is each other

# misool

wellness experiences



Allow our expert spa therapists to restore your sense of wellbeing and health with our selection of spa treatments. A few favourites:

-Diver's Massage: focuses on the back, shoulders, and neck, areas which can become tense from wearing a BCD

-Signature 'Batu Lola' Massage: traditional Indonesian oil massage followed by a massage using heated 'batu lola,' the operculum of a giant turban shell

-Archipelago Jamu Massage: deep tissue massage paired with a traditional warm 'jamu' compress, made with herbs from around the Indonesian archipelago

Please see our complete spa menu for more details.

<b>minimum # of people</b>	1
<b>duration</b>	1-2 hours
<b>fitness level</b>	low
<b>adventure threshold</b>	low
<b>what to bring</b>	come as you are



## reef restoration experience

Join our Reef Restoration team and help to plant new coral. We launched the Reef Restoration Project in 2013 to rebuild coral flats that had been devastated by dynamite fishing prior to the establishment of the Misool Marine Reserve. The goal of the program is to rebuild coral reefs and support the rewilding of fish, crustaceans, echinoderms, and other reef dwellers.

Using a technique called coral transplantation, our team of coral farmers create structures from wire mesh frames on areas of broken coral. Living coral fragments are transplanted onto these frames and cleaned and monitored so that they have the best chance of survival. You will help our coral farmers to choose suitable coral fragments and learn how to affix them to the frames. And next time you visit you can return to your patch of reef to check its progress.

<b>minimum # of people</b>	2
<b>duration</b>	2 hours
<b>fitness level</b>	medium
<b>adventure threshold</b>	medium
<b>what to bring</b>	nimble fingers (gloves provided)
<b>required</b>	PADI OW or equivalent

# misool

adopt a manta



Established in 2011, the Misool Manta Project collects population and behavioural data on vulnerable manta populations. The project conducts critical research on both Oceanic mantas (*Manta birostris*) and Reef mantas (*Manta alfredi*).

The Misool Manta Project has identified over 2000 individual animals. You can support this important work by adopting a manta! You'll receive updates when we spot your manta again, plus a personalised adoption certificate featuring your manta's unique spot pattern. Tip: this makes a great gift!

<b>minimum # of people</b>	1
<b>duration</b>	n/a
<b>fitness level</b>	n/a
<b>adventure threshold</b>	low

# Misool

## baby turtle experience

Misool Foundation's Rangers guard local beaches which are nesting sites for endangered Green Turtles and Hawksbill Turtles. The Rangers watch over the nests, ensuring they're not scavenged by hungry monitor lizards. If a nest hatches during the day, the Rangers carefully gather up the hatchlings and keep them safe until after dark, when most of their predators are sleeping.

If you are lucky enough to be here when the nest hatches (most often around a new or full moon) then you can learn how to properly release the baby turtles so the beach becomes imprinted in their internal navigation system. Females return to the beach upon which they were born to dig their own nests. The most perilous time of a turtle's long life occurs just after hatching. With your help, we can give the turtles a little boost and increase their chances of survival. Subject to availability - mamma turtles answer to no one.

<b>minimum # of people</b>	2
<b>duration</b>	1/2 hour
<b>fitness level</b>	low
<b>adventure threshold</b>	medium
<b>what to bring</b>	no flash photography, please!



## scooter diving/snorkeling



Experience the reefs in an entirely different way. While diving or snorkeling is often a meditative experience, scooters inject an element of adrenaline into the moment. If you're free-diving or snorkeling, you'll be able to reach depth with minimal air consumption. If you're diving, you'll be able to cruise into strong currents without kicking, giving you access to sharks, schooling barracudas, and other large pelagics.

The scooters can be also be ridden in a hands-free mode, which allows you to carry a camera with you. Best for snorkelers (minimum age 12) and divers who are 15 years or older and advanced open water diver.

<b>minimum # of people</b>	2
<b>duration</b>	1 hour
<b>fitness level</b>	medium
<b>adventure threshold</b>	high
<b>what to bring</b>	dive/snorkel equipment





# misool

diving adventures

Diving Misool's reefs is unlike anything else on earth - there simply are no reefs richer than these. Explore our 40+ dive sites according to your interests, experience level, and underwater wish list. Our expert dive team of instructors and dive masters will enrich your experience with their wealth of knowledge.

If conditions allow, consider a two-tank dive excursion with breakfast on a white-sand beach.

Private guides and private boats are subject to availability.

Please enquire about dusk dives, night diving and scooter diving.

<b>minimum # of people</b>	1
<b>duration</b>	60 minutes
<b>fitness level</b>	medium
<b>adventure threshold</b>	low-medium-and-high
<b>what to bring</b>	please let us know if you need to hire gear

# misool

snorkeling adventures



Misool's fantastic fringing reefs are perfect for experienced as well as beginner snorkellers. Join our dedicated snorkel guides for a boat excursion to a nearby shallow reef, teeming with life in all shapes, sizes, and colours. You can expect to see lush soft corals, hard coral gardens, large sea fans, and a riotous assortment of tropical reef fish.

Please enquire about night snorkeling and scooter snorkeling.

<b>minimum # of people</b>	1
<b>duration</b>	60 - 90 minutes
<b>fitness level</b>	medium
<b>adventure threshold</b>	medium
<b>what to bring</b>	mask, snorkel, fins, rashguard or other sun protection